



CIIC Agreement - Opiate 2025

CONTROLLED SUBSTANCE AGREEMENT FOR OPIATES

Pain Medications *

Pain Medications

WHY AN AGREEMENT IS NECESSARY

The medication we are prescribing has the potential to provide benefit, but it also can do harm to you or others. Misuse of pain medications is becoming a large problem in our community. We are doing our part to ensure that our prescriptions are taken as directed. We also want to protect you and inform you concerning the uses and abuses of this medication.

THE BENEFITS AND RISKS OF OPIATE TREATMENT

Opiates, also called opioids, provide relief from pain and a sense of well-being. They can allow you to perform activities that you might otherwise find limiting due to pain. What are the risks of opioid treatment? Opioids produce physical dependence with prolonged use. That means that you may experience discomfort if you discontinue these medications abruptly after taking them for over a few weeks. Some individuals have a hard time remaining medication-free after being on long-term opioids for that reason. Opioids may decrease your ability to breathe deeply. This is especially true when they are combined with other sedating drugs like alcohol and some tranquilizers. This can lead to accidental overdose deaths. Less serious side effects may include constipation, decrease in sexual interest and performance, weight gain, sleepiness, urination difficulties, and itchiness. As with any medication, there is a rare possibility of a severe allergic reaction.

Some people are at risk of abusing these medications and may feel compelled to take them for their pleasurable effect. Therefore we are obliged to provide safeguards to protect you from these potential risks.

SAFEGUARDS AGAINST MISUSE

Our clinic has the following regulations for all patients taking long-term opioids; we may not prescribe these medications for chronic use without first:

Obtaining all pertinent medical records



Obtaining a urine drug screening (UDS)

Reviewing your medical condition and past history

Having a signed agreement between a clinician and yourself outlining the expectations of both parties.

WHAT CAN I EXPECT FROM THE CLINIC?

Our clinic agrees to provide you with appropriate doses of medication in a timely fashion and on an ongoing basis as long as there are no contraindications. You will be treated respectfully and professionally. If a taper is necessary, it will be discussed with you and completed in a cautious manner.

WHAT WILL THE CLINIC EXPECT FROM ME?

The clinic expects all patients will agree to the following:

Agree to have only one prescriber of opioids and use only one pharmacy.

Notify my provider if I need to change pharmacies.

Bring your pill bottles to every in-person clinic visit and have pill bottles available during all telehealth visits.

Attend in person visits when requested.

Complete all 8 of the Pain Education modules yearly.

Have a valid phone number available to our staff.

Complete a Urine Drug Screen (UDS) within 24 hours when requested.

Agree to random urine drug screenings and random pill counts.

Agree to follow up with your PCP, pain specialist, acupuncturist, chiropractor, massage therapist, physical therapist, or other specialist if your provider requests it.

Agree to attempt non-pharmacologic treatment should your provider feel that would be appropriate.



Allow open communication between this clinic and other providers concerning the use of these medications by signing a Release of Information (ROI) and a Release of Records (ROR).

Advise other treatment providers of the medication you are taking and to inform this clinic of any healthcare emergencies requiring pain or anxiety treatment within 72 hours via patient portal message.

Agree to treat our staff respectfully and courteously.

Sign a behavioral standards agreement.

SAFE HANDLING AND STORAGE

These medications can be dangerous if combined with other sedating substances. These medications are sought after by drug abusers. Therefore, we ask that you follow these suggestions to provide safety for you and your medications:

Keep all medicines in a safe, preferably locked container, out of sight and out of the reach of others.

Never share these medicines with others.

Never take other people's pain medications.

Avoid drinking alcohol while taking these medicines.

Never combine these medications with other opioids or benzodiazepines (tranquilizers like Ativan, Xanax, Valium, or Klonopin) unless you discuss this with your provider first.

Do not use any illegal drugs or drink alcohol.

Be aware that opioids may affect your judgment and driving skills particularly when your dose is increasing.

REFILL POLICY

Refill prescriptions will only be written at a clinic visit. Therefore refills will not take place outside of office hours or by any on-call providers.



All dosage changes will occur only during visits with your provider.

Early refills will not be approved.

Lost medications may not be refilled early.

Stolen medications may only be replaced once a calendar year with a police or TSA report. The report must be presented by the patient in pdf or hard copy prior to refill.

WILL THIS MEDICATION COMPLETELY RELIEVE MY PAIN ?

No, no medicine can not completely relieve all your pain. It is unrealistic to expect opioids to relieve all discomfort. We hope to reduce your pain so that you can regain function; that is to allow you to enjoy activities that you participated in prior to the onset of your pain. We will continue to ask that you participate in activities that improve your ability to perform daily activities. We may, in the course of your treatment, ask you to exercise, attend classes, or see a specialist of our choosing.

WHAT ARE THE CONSEQUENCES OF NOT FOLLOWING THIS AGREEMENT?

Your clinician has agreed to provide you with these medications as long as deemed necessary but also has the obligation to protect you and the community from abuse of these substances. In the event of suspected misuse, your provider may insist on a referral to a specialist in the assessment and treatment of drug dependency, or may immediately discontinue prescribing by starting a taper at a rate of 10-15% of the total dose each month. Lack of improvement in function or failure to achieve adequate pain control as defined by the Oregon Opioid Tapering Guidelines may also necessitate the discontinuation of opioid medications.

This controlled substance agreement was created from recommended agreement templates from Care Oregon.

By signing below, I am agreeing to abide by the conditions of this agreement.

CIIC Agreement- Opiate DATE SIGNED:

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PATIENT SIGNATURE *